

## Testimonial

We have been working with Caroline for almost twelve months and this has been an extremely positive and beneficial experience for me personally and for the company as a whole. In order to move the company to the next level and to facilitate further growth I felt that I needed assistance and coaching on how to drive this.

Working with Caroline has reenergised and refocused myself and my Senior Management Team more effectively than I would have ever imagined beforehand.

MANAGING DIRECTOR, GROWTH BUSINESS

Caroline's done a fantastic job of designing the programme... she's so proactive, it's like she's a part of our team.

HR DIRECTOR, ARCO

## My previous clients

- |                                                                                               |                                                                                          |
|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
|  AkzoNobel   |  Mars |
|  Carnival UK |  Arco |
|  Danone      |                                                                                          |

## QUIRKY FACT

Caroline is an avid hockey player – until recently on the same team as her two daughters and has recently qualified as a level 1 Umpire for England Hockey. Skills that will no doubt come in handy both at home and on the pitch!

## Qualifications

- BA (Hons) Business Studies
- Post Graduate Certificate – Results based Coaching
- Associate member of CIPD

## Colleague view

Caroline's attention to detail is astounding. She has a level of insight and focus that I find enviable, and an ability to get to the 'heart of the matter'. She's extremely well read in management and leadership development theory, but knows how to bring that to life with impactful training solutions.



Caroline Hampson

## A bit about me...

With the combination of 21 years' experience in sales at global giant Mars Confectionery and 9 years coaching and facilitation with a wide range of businesses, I bring a diverse and comprehensive range of skills.

My passion is leadership. I believe that everyone deserves outstanding leadership and until that is happening in every organisation and every team there is a job to be done.

Outstanding leadership inspires energy and engagement. It enables us to be the best version of ourselves, it delivers amazing results for the organisations we work for... but it does require focus, high challenge and tons of support. I love working with teams that have the need and the energy for all of those things.