

Client views ↓

Valerie has an engaging and positive style, when facilitating large groups, she deploys her energy and good humour to draw in learners and positively challenge them at all times to do their best.

I have observed the skilful way she presents information, discuss with learners and coach individuals to learn from situations and make the changes they want. She is an inspiring facilitator and I hope to be working with her again to make a real difference to people in my organisation. Thank you!

Neal Harris | Global Leadership Development Partner, Imperial Brands



Colleague view ↓

I love working with Valerie. Her warm, positive energy is super engaging and can turn around any situation – her wicked sense of humour helps too! I'm always impressed by her capacity to go to the essence of what's at stake and challenge the status quo, in a candid yet benevolent way. It makes people (self included!) want to go out of their comfort zone – which is exactly what's needed to grow.

Professional Credentials

- MA in Coaching & Mentoring Practice (Oxford Brookes Business School) Specialisation: Adult Learning and Development (andragogy)
- Certified Master Coach (EMCC)
- Certified Coach (Cognitive Behavioural Coaching, Evidence-based Coaching)
- Bersin by Deloitte facilitation
- Instructional Learning Design (Cornell University)
- BA in International Relations (University of San Diego)

of amazing leaders in developing competencies including emotional intelligence, authentic leadership, innovation, collaborative leadership, team cohesion, and strategic agility.

I work with clients as a thinking partner – I enjoy nothing more than asking thought-provoking questions that challenge our “meaning schemes” (limiting beliefs, attitudes, and emotional reactions), in order to gain fresh perspectives and insights, discover new places in yourself, and facilitate behavioural change in individuals and teams.

I love designing learning experiences in close partnerships with clients, immerse myself in their world, and together come up with solutions that are relevant, fun and deliver real life results! Being an expat at heart, and a bit of a geek, I've kept track and in nearly 20 years of senior leadership and business consulting experience, my work has impacted over 49 000 people across 78 countries.

Based in Brussels, I am originally from the South of France and work in both French and English. Traveller, lover, mother, learner, speaker, sparring partner – a free spirit by nature, I aim to cultivate an attitude that is open to everything, while staying focused on one thing: helping people get to their core.

Clients include ↓

Harvard University (corporate education), Walmart, Mars Petcare, Imperial Brands, Nokia, ABBVIE, GSK, Amgen, AXA, Metlife, Airbus Group, Deloitte, Fluor, European Institutions, the United Nations



Valerie Arnold



A bit about me



In a previous life, while working as an International Area Manager for a telecommunication company, opening new subsidiaries in emerging markets, I realised that people development was my true calling, and happily moved into Learning & Talent Management. More recently, I left my senior leadership position at Deloitte Consulting to spend more quality time supporting and coaching a variety

A QUIRKY FACT

Being an expat at heart, I've lived in 5 continents and moved over 40 times. And counting!