



Lesley Roberts

Colleague view ↘

Fascinating, creative, great understanding of the complexities of a diverse range of human beings, and results oriented to name a few of Lesley's dynamic toolkit. She is an inspirational person, and it's always a fun, constructive, and productive experience. I can highly recommend her for coaching, training, personal and business development for you and/or your team. It has been a delight working with her, and would relish the prospect of doing so again in the future

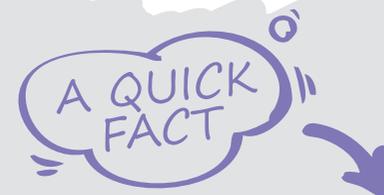


A bit about me...

I'm Scottish, love the outdoors and have many different identities; Mum, Friend, Daughter, Professional; so many labels, and that's true of all of us. It's core to who I am that when I work with people I am working with the whole person, not just the 'business person'. I love to work outdoors where possible, to allow us to gain perspective and cut the ties of electronic devices. Taking a walk in nature while we chat allows us space from the office. In my experience, this is when I see the biggest shift. My purpose in life is to help people unlock their potential and I get a huge amount of energy from doing this. I believe that we can all achieve anything we put our minds to.

I began my working life as a PE teacher, moved into personal development work with youth at risk, fell into the corporate world of Mars and popped out 16 years later having worked in Sales for 8 years and People Development for 8 years. I have learnt a lot with every job and feel very lucky for all the opportunities I have had. Sixteen years of corporate life has taught me a lot, especially gaining commercial experience before going on to work with Leaders and Leadership Teams.

In 2011/12, I took part in the Clipper Round The World Yacht Race. Yes, I saw dolphins, whales and stars, and yes it was life threatening at times and I was scared. I learnt a huge amount in that year about Leadership, Personal Limits and People all of which makes me part of who I am and is part of how I work with clients. I believe it is important that I model what I hope for from my clients. I cannot expect you to be honest, open and critically self-reflect if I am not. Clients find me appropriately challenging and supportive. I do not hold all the answers and neither do you, together it is a journey to find them. Finally, each person, team and business is different. There is no one size fits all solution. Every intervention I make is designed to reflect this.



I've walked over hot coals..

My clients include ↘

- Mars
- eBay
- Royal Canin
- Genting Casinos
- WCPN



Client view ↘

"Lesley is the best I have experienced in terms of helping you to truly understand yourself both in terms of your individual contribution as well as impact on others within a team.

Lesley has a unique style in terms of drawing out the 'why' behind certain behaviours, she uses her own personal examples to instil the confidence in others to expose vulnerabilities that might otherwise remain un-surfaced. She manages to do this in a safe and respectful way to truly get to the root cause. Her ability to read others as an individual or in a group dynamic is key to keep the momentum but more importantly maintain trust. Knowing when to probe further or indeed hold back is a real skill and one which Lesley exudes.

On a personal note, Lesley allowed me to really appreciate what I stand for and recognise the value I can add - in a nutshell allowed me the confidence to be me."

Professional Credentials

- MSc in Executive Coaching; with Ashridge
- EMCC accredited Master Practitioner in Coaching; trained with Ashridge
- Emotional Intelligence Profiling & Coaching; ECR report Roche Martin
- MBTI Step I & II, trained with OPP
- Firo, trained with OPP
- NLP Business & Master Practitioner, trained with Sue Knight
- NLP Trainer, trained with Sue Knight
- Situational Leadership, trained with Ken Blanchard
- Situational Leadership for Teams, trained with Ken Blanchard
- Lominger Competencies
- Running Effective Meetings, trained with Grove Consultancy
- Advanced Facilitation Skills, trained with Grove Consultancy
- Voices Feedback Coach, trained with Korn Ferry

