

Professional Qualifications ↴

- ✎ MBTI Part A and B Psychometric Qualification
- ✎ ILM Coaching & Mentoring level 5
- ✎ NLP Master Practitioner
- ✎ Master Practitioner in Timeline Therapy
- ✎ Advanced Conversational Hypnotherapy
- ✎ Master Practitioner of Hypnosis
- ✎ Diploma in Leadership and Management
- ✎ Licensed practitioner - Lumina Spark
- ✎ Licensed practitioner - Insights Discovery



A bit about me

I am an extremely passionate and solutions focused individual. I like to work in partnership to create environments where learning can take place and then supporting that learning into workplace implementation.

I've over 15 years experience in all aspects of learning - from design and delivery of training, to supporting recruitment and

management of staff; to liaising and influencing Board Directors and senior managers through the training process. I have been extremely lucky to have experienced Global learning and development projects. My skill and knowledge set also includes talent management processes and succession planning along with one to one executive coaching and NLP sessions.

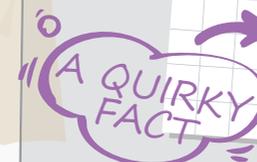
When working with clients the end goal is two-fold, how can I support unlocking individual's potential? and how will that impact on the individual's persona and organisations objectives?

I have a comprehensive understanding of all aspects of operational and staff management in various business sectors, such as Travel, Retail & Logistics, which when married together with my qualifications as a Certified NLP master practitioner, Time Line Therapy master practitioner, NLP master coach and master practitioner of hypnosis, make for some really pragmatic and impactful development solutions.

I'd describe myself as having great inter-personal skills (well, we all would wouldn't we?!), with an exceptionally positive attitude. I'm focused on helping others to develop the skills that will enable them to enhance individual performance, business results, customer experience and therefore their organisation. I truly believe that development should be an holistic approach for all levels of employees supported by positive intent by companies and managers.

Previous Clients ↴

- Imperials Brands
- DHL
- B&Q
- Thomas Cook
- Wickes
- Halfords
- Sally Beauty



I once appeared in a TV programme with my favorite actress Kathy Burke

Client view ↴

"It really has been a pleasure working with you so far on this project. Your attention to detail, listening to our requirements have resulted in a first class set of materials. On behalf of the project team, thank you and we look forward to seeing this come to life in a few week's time"

Head of Learning UK: Global Software Company

"I did not get a chance to thank you properly on Thursday. You have, and will continue to be, an AWESOME team coach for my team and you have truly helped us on our journey from Bronze to Gold, please keep in touch"

Divisional Director Wickes.