



Chris Leggett

A bit about me...

My career began in construction as a civil engineer and gradually moved towards working with people instead of concrete until I became a professional coach, facilitator and coaching supervisor in 2009. I've been lucky to work in some great places – British

Waterways & North York Moors National Park Authority to name just two – and helping the people around me to be at their best has always given me the most satisfaction in whatever role I've held

I'm very enthusiastic about the positive impact that effective coaching can have and the opportunity that it provides for sustainable and transformational change to happen with ease. My engineer's mind and my coaching passion combine to help me create simplicity from complexity and continually remain curious about what could happen next and how to make that happen

I'm equally comfortable working with individuals or in groups, working collaboratively to identify compelling goals and to mobilise the resources necessary to achieve them. Alongside my work as a coach, I also facilitate coaching certificate development programmes where I'm able to share my experience and inspire new coaches to develop their own coaching skills

My focus is always on enabling my client to have greater awareness of their strengths, opportunities & choices and ensuring that they feel empowered and motivated to take action. My open and non-directive style helps a free exploration of the most important issues and identification of the most powerful options for change and development

Away from coaching I have a very happy life in a beautiful North Yorkshire village with my wife Heather & daughter Gemma. My favourite way to spend summer evenings is catching trout in the nearby rivers or enjoying a round of golf with my friends

Professional Credentials

- CSA Diploma in Coaching Supervision 2013
- PGCert in Coaching, University of Chester, 2012
- Barefoot Certificate in Coaching, 2009
- BSc in Civil Engineering, Bradford University, 1985
- Member of the Association for Coaching
- MTQ48 & MIRO accredited



Colleague view

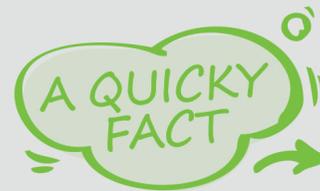
"Chris is a pleasure to work with. He has the knack of getting to the nub of an issue and asking questions that get people to stop in their tracks and reassess their thinking. He calmly embodies 'high support:high challenge', always focused on getting the best out of the people he works with."

Sam Eddleston, Learning Curator / Team Coach

Client view

"I have had the privilege of attending a coaching course delivered by Chris and have found the course life changing. What Chris delivers is amazing and I have benefited not only in my private life but my professional life. Chris delivers an outstanding course."

Kim Bucknell, Head of Revenue Protection Abellio Greater Anglia



In 1974, I played football with Eric Morecambe on my village green near Luton.



My clients include

NHS Trusts, UK Police Services, UK Fire Services, Abellio, Arriva Rail North, Royal College of General Practitioners, Meldrum Construction, Electric String.