

## Biography

Having spent nearly 17 years in the pharmaceutical industry, 5 years in sales and then 12 years as a learning and development consultant, I have been lucky enough to have travelled the world with my various roles, working with leaders in many different marketplaces.

In 2017 I set up my own business in coaching and development to fulfil a desire to help and support individuals explore and be their best self. I use evidence-based research, especially in the field of Positive Psychology and evaluation to measure the effectiveness and sustainability of my programmes.

I started my career in the Royal Air Force where I was in the RAF police.

Away from the office, hockey plays a large part in my life and although no longer playing, I am the Team Manager of Wimbledon Women's 1st Team.



## Tina Dullaghan

### Team Coach

### Clients

- Levi's
- Mars
- PepsiCo
- McCann
- WSLA
- Whitbread
- SSP Group Plc
- Smith & Nephew
- TalkTalk
- Ascot Ltd
- Upfield

### Qualifications

Executive Coaching Diploma ▪ (ICF) ACC ▪ LEGO Serious Play Facilitator ▪ Neuro Linguistic Programming Practitioner ▪ Insights Discovery Accreditation ▪ Emotional Capital Report 360 Accreditation ▪ Engage Coaching accreditation ▪ Systemic Team Coaching certificate

## Colleague View

"I am always blown away by Tina's vast knowledge base and how generously and graciously she shares. She has a very inclusive facilitative style and leads with curiosity and genuine warmth."

## Client View

"Tina is a fantastic learning partner. Her energy and passion bring workshops to life and ensure that everyone in the room is present and engaged. Tina's experience makes her a great sounding board for new projects and events."



[Watch Tina's YouTube Video](#)