

Biography

With 20 years experience helping organisations get the most out of their people, I draw on a combination of experience built from competing as an international athlete, designing and delivering talent systems to win Olympic Gold Medals, developing top talent at FTSE100 companies, and collaborating with leaders to identify and draw on transferable success factors from high performance environments to deliver tangible results.

For British Cycling, as Talent and Development Manager, I was responsible for the design, implementation, and review of talent systems to achieve gold medals at Rio 2016 and Tokyo 2021.

I now have 10 years experience as a learning and development consultant; designing content, facilitating leadership groups globally across industries and developing lasting relationships across diverse groups.



[Watch Harriet's
YouTube Video](#)



Harriet Evans

Team Coach

Clients

- Levi's
- Carbery
- Miele
- Glanbia
- Red Bull Racing

Qualifications

- ICF Accredited coach
- BSc (Hons) and MSc in Applied Sport & Exercise Science
- Insights Discovery Accredited Facilitator

Colleague View

"Harriet has a refreshing honesty that increases trust because it is so utterly authentic. What you see is what you get! She provides a good level of support for colleagues, is not afraid to ask for help and certainly not afraid of challenging in all directions, which is most definitely an attribute."

Client View

"Harriet has an amazing instinct for what the burning issue is, even when I am not forthcoming with the issue or in most cases, wasn't even aware myself what the cause of the issue was. Her relaxed approach means that every session is enjoyable, and I get so much out of the time, rather than feel like I am in an artificial, HR-type process."

"Harriet has a great calm and relaxed approach, which puts me and my colleagues at ease. Nothing seems to phase her and her informal approach fitted with our style."