

Biography

My passion is leadership.

With the combination of 21 years' experience in sales at global giant Mars Confectionery and over 10 years coaching and facilitation with a wide range of businesses, I have seen both the positive impact that outstanding leadership has, and also how average and below average leadership can impact even the biggest organisations.

Outstanding leadership inspires energy and engagement. It enables us to be the best version of ourselves, it delivers amazing results for the organisations we work for... but it does require focus, high challenge and tons of support. I love working with teams that have the need and the energy for all of those things.

I believe that everyone deserves outstanding leadership and until that is happening in every organisation and every team there is a job to be done and I bring a diverse and comprehensive range of skills to support you.



Caroline Hampson

Team Coach

Clients

- Wickes
- Carnival
- Baxter Storey
- Danone
- Whitbread
- Mars
- Akzo Nobel
- Arco

Qualifications

- BA (Hons) Business Studies
- Post Graduate Certificate - Results based Coaching
- Associate member of CIPD

Colleague View

“Caroline’s attention to detail is astounding. She has a level of insight and focus that I find enviable, and an ability to get to the ‘heart of the matter’.

She’s extremely well read in management and leadership development theory, but knows how to bring that to life with impactful training solutions.”

Client View

“Caroline's done a fantastic job of designing the programme... she's so proactive, it's like she's a part of our team.”

HR Director, Arco



[Watch Caroline's
YouTube Video](#)