



A bit about me....

As an experienced Leadership Development Professional and Coach, I work with leaders and their teams from a range of industry sectors, supporting them on their journey to high performance.

Through my 30+ year career in HR and Leadership Development across private-sector global organisations, I have supported multi-national, multi-cultural, UK centric and remote teams to build their understanding of self and each other, face into their challenges, overcome limiting beliefs and establish team behaviours that have shifted performance, improved their sense of belonging and set them up for sustained success.

I have personally experienced some fabulous coaching, that has supported me through various significant transitions in my own career and I know first-hand that behaviour change and shifts in performance happen through great coaching! I now enjoy helping others to do the same; developing self-awareness, building confidence and capability, and leveraging strengths and relationship skills to drive their continued development.

I am passionate about helping leaders to build a climate of psychological safety, where people feel comfortable expressing and being themselves, encouraged to challenge and bring their ideas and experiences to the table. I look forward to working alongside you to enable achievement of your goals.

Natalie Harvey
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"Growing up, sport always felt a challenge for me, but a few years ago, on my own health and wellbeing journey, I successfully completed the 'Race for Life' in support of Cancer Research. That was a huge moment for me, where I overcame my own self-limiting beliefs."

I've worked with....

- Mars
- Whitbread
- Welsh Rugby Union
- Carnival
- TUI Airlines
- Talk Talk
- Drax Power
- Levi

Colleague View

"I can honestly say Natalie is the best L&D professional I have come across in many years of my HR career. First, she is a natural innovator - scanning horizons, suggesting and implementing new tools, providing customised creative solutions. Second, she is a real energy generator - Natalie can make things happen, working hard herself, but most importantly, inspiring others to act. Her enthusiasm is infectious, her project management and organisation skills are at the highest level."

Client View

"The impact on my personal and professional life has been phenomenal, and we've only just begun. Not only have our sessions refocused me, regained my passions and goals but they've also been responsible for me regaining confidence in myself and lifted me out of a place that I wasn't happy in being."

Credentials & Qualifications

- ACC Credentialed ICF Leadership & Executive Coach
- EMCC Accredited Team Coach
- Career Coach
- Skilled Facilitator (Roffey Park Institute)
- Certified Online Learning Facilitator (COLF – LPI)
- Mental Health First Aider
- PGC in Career and Talent Management
- Chartered Member of the CIPD
- Fellow of the Learning and Performance Institute
- Accredited and licensed to deliver and feedback a range of psychometric instruments, including: Insights Discovery, MBTI (Myers Briggs Type Indicator), OPQ32 and 16PF