



## A bit about me....



**Tina Dullaghan**  
tina@leading-edge.co

Having spent nearly 17 years in the pharmaceutical industry, 5 years in sales and then 12 years as a learning and development consultant. I have been lucky enough to have travelled the world with my various roles, working with leaders in many different marketplaces.

In 2017 I set up my own business in coaching and development to fulfil a desire to help and support individuals explore and be their best self. I use evidence-based research, especially in the field of Positive Psychology and evaluation to measure the effectiveness and sustainability of my programmes.

I started my career in the Royal Air Force where I was in the RAF police. Away from the office, hockey plays a large part in my life and although no longer playing I am the Team Manager of Wimbledon Women's 1st Team. I live in West London and also spend a lot of my time in the Lake District.

*"I once did security for the Chippendales...!"*

### I've worked with....

- MARS
- Levis
- Smith & Nephew
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### Colleague View

"I am always blown away by Tina's vast knowledge base and how generously and graciously she shares. She has a very inclusive facilitative style and leads with curiosity and genuine warmth."

### Client View

"Tina is a fantastic learning partner. Her energy and passion bring workshops to life and ensure that everyone in the room is present and engaged. Tina's experience makes her a great sounding board for new projects and events."

### Credentials & Qualifications

- Executive Coaching Diploma
- (ICF) ACC
- LEGO Serious Play Facilitator
- Neuro Linguistic Programming Practitioner
- Insights Discovery Accreditation
- Emotional Capital Report 360 Accreditation
- Engage Coaching accreditation
- Systemic Team Coaching certificate