



**Victoria Freer-Hewish**

## A bit about me...

I am an experienced L&D Consultant with over 7 years' experience in this field. My experience lies in a wide range of multi-disciplines which include consultancy, training and coaching. I work with businesses and individuals to define and deliver solutions that incorporate their needs and aligns with their culture and values. I have a proven track record of delivering quality interventions that utilise recent research and psychology in an inspirational way. I have strong interpersonal and coaching skills which enables me to improve people's capability, capacity and performance. I have extensive experience in sales, management and training. My experience lies in the following areas:-

Sales - B2B, recruitment, account management, management, remote management

Training - Consultancy, training needs analysis, proposal writing and presenting, account management, training delivery, coaching, training evaluation

## Client view

I have worked with Victoria on a number of occasions over the past year or so. As a trainer the feedback has been fantastic, she is flexible, adaptable in her style and approach. Victoria takes the time to understand the customers' needs and is passionate about not only the delivery but also the follow up needed to ensure a change. I would highly recommend her.

Joanne Storzaker

## VICTORIA'S PROFESSIONAL TRAINING INCLUDES:

- CTP in Training Practice
- Experienced coach

## MY CLIENTS INCLUDE

- Trade Point
- Morrison's
- YHA
- B&Q
- Wagamamas

## Client view

Vanessa Grellet, Corporate Strategy and Development at NYSE Euronext - "I wanted to recommend Victoria who is an outstanding trainer/coach. Her skills as a trainer ranging from professional and personal development and strategic change management are outstanding. Her trainings are always delivered in an enthusiastic, positive and forward looking manner taking into account individual and group dynamics. We met two years ago on a training course I was attending. We now work together on trainings for my company's UK women's group on various topics"

## Colleague view

Zelda Wilson, Health Affairs Manager at Danone Dairy - "What you'll find, as I did when working with Victoria, is a wonderful combination of humour and serious dedication to deliver a subject well. She is quick to grasp subject matter and then makes it come alive with examples from her own experience. Her natural curiosity and likeability equips her to fit in comfortably with any group. She lives the words of Sir Richard Branson: 'If you want to do something, just do it, but also... prepare well, have faith in yourself, help each other, never give up.'"

Her measured approach allows her to respond to situations in the most appropriate way, and balance different aspects of problems to reach a suitable conclusion

She has the ability to impart the desire to want to better yourself

My training experience is with both corporate and non-corporate Clients. I have built strong relationships with all types of stakeholders and have worked on all different sized projects where I have account managed projects in the region of £120k. My strength lies in the ability to challenge Clients thinking around what they perceive their training needs are to ensure the solution matches their actual business needs.