



Guy Wilson



A bit about me

My career to date has supported me in developing a real passion for creating the best possible workplaces, to develop highly effective teams and improve performance. This journey started for me as a line manager, on realising that if I focused on people and how I led them, the end results were so much better.

My background is in Policing, where I led people in a variety of different and really challenging environments. I saw how people reacted in different circumstances and started to identify how to use the 'evidence base' to create more productive workplaces. I worked to senior management level where my roles became more about changing the culture of the whole organisation rather than individual teams or business areas.

Since then I have enjoyed supporting a variety of different organisations around the world, working with individuals and teams at every level. I love the fact that I learn something new every time! My real passion is in helping leaders to connect with their teams, understanding how to best communicate, flex their style, and set clear purpose and priorities in order to maximise their team's performance.

Having been brought up in Lancashire and spent a long time in York, I now find myself living in Windsor. I am not entirely sure what I did with all of my free time before I had children, but I am sure it was interesting. My boys Freddie and Arthur keep me very well occupied now and occasionally even allow me to go to work.

Professional Credentials

- BSc Sport & Exercise Science focused on Sports Psychology
- Certificate in Education

Guy empowers staff, providing support where appropriate

Clients view →

"Guy is a highly skilled professional able to provide a credible, knowledgeable service. He delivers highly efficient processes, clear and honest timeframes, and most importantly fits around any organisational need and culture. He designed and executed a tailored engagement proposal that has made a real difference! An excellent service and hopefully a long term relationship has developed!"

Colleague view ↓

"It is fairly obvious that Guy loves what he does! Whether it's facilitating groups of any size or working with senior managers on how to get more from their people he just seems at home. Guy's presentation style is really relaxed and natural, he just seems to be able to get people involved at any level. He is a pleasure to work with!"

I love sport and love challenges! When I got too old for rugby I took up marathons and ultra-marathons. Now running hurts too much so I have to find something new! Any ideas?

