



**Caroline Hampson**

## A bit about me...

With the combination of 21 years' experience in sales at global giant Mars Confectionery; 4 years working with a wide range of high growth SME's to develop their growth plans through a facilitative coaching approach; 12 months research into what it takes to build a multimillion pound business, I've a diverse and comprehensive range of skills.

I enjoy working with organisations to develop the initiatives that are right for them, with a focus on action and results. These can mean I'm involved in designing and delivering workshops, 12 month development programmes or toolkits and resources for self-driven learning.

### MY CLIENTS INCLUDE

- |             |      |
|-------------|------|
| AkzoNobel   | Mars |
| Carnival UK | Arco |
| Danone      |      |

### QUIRKY FACT

Caroline is an avid hockey player – until recently on the same team as her two daughters and has recently qualified as a level 1 Umpire for England Hockey. Skills that will no doubt come in handy both at home and on the pitch!

### Qualifications

- BA (Hons) Business Studies
- Post Graduate Certificate – Results based Coaching
- Associate member of CIPD

### Testimonial

We have been working with Caroline for almost twelve months and this has been an extremely positive and beneficial experience for me personally and for the company as a whole. In order to move the company to the next level and to facilitate further growth I felt that I needed assistance and coaching on how to drive this.

Working with Caroline has reenergised and refocused myself and my Senior Management Team more effectively than I would have ever imagined beforehand.

MANAGING DIRECTOR, GROWTH BUSINESS

Caroline's done a fantastic job of designing the programme... she's so proactive, it's like she's a part of our team.

HR DIRECTOR, ARCO

### Colleague view

Caroline's attention to detail is astounding. She has a level of insight and focus that I find enviable, and an ability to get to the 'heart of the matter'. She's extremely well read in management and leadership development theory, but knows how to bring that to life with impactful training solutions.